Medical Student-Specific COVID-19 Guidance

We are adhering to the UF policies. https://bridge.ufhealth.org/response/2020/04/03/4-10-20-health-care-worker-algorithm-b-and-c/ However, since you are not employees, there are a few differences related to numbers to call and where to get tested. You can always call the COVID hotline for advice 352-265-5550.

Currently, insurers are waiving co-pays and other costs related to testing. But this could change so try to stay aware of how your health insurer is handling COVID-related care.

Gainesville

Exposed/possibly exposed to COVID but no symptoms

Call 352-294-5700, which is Student Health Satellite Clinic in the Dental Tower (D2-49, shared space with Occupational Health). They will schedule you a teledem visit and arrange for testing (if you are deemed high risk). Generally, you should be able to continue to work (adhering to strict PPE use) until the test results, which takes about 24 hours. Their hours are M-F 8-12, 1-4:30.

Test negative- continue your rotation and self-monitoring

Test positive- self-quarantine and if still asymptomatic you will need to be retested and Dr. Trainer or one of his colleagues will contact you.

Symptoms could be COVID related even if mild (e.g. headache, sore throat, fever, cough, congestion, diarrhea, nausea, change in taste/smell, myalgia). Headache, sore throat are commonly noted; fever is only seen in 1/3 at presentation.

Self-quarantine and call 352-294-5700 for teledem visit and to arrange testing. If you are physically in the hospital when symptoms develop and it is during Student Health Satellite Clinic hours call, we will try to get you tested right away through the ADTU as the results return same day but there are some barriers we are working to overcome.

Test negative- You still need to be cleared to return to work and Dr. Trainer or one of his colleagues will contact you with the next steps.

Test positive- Quarantine is 14 days minimum. The soonest you can be retested for COVID is after 10 days quarantine or after 3 days of being asymptomatic, whichever is longer. You need 2 negative tests, 24 hours apart before you will be able to return to rotations. Expect to be out 2-4 weeks.


After hours: If you are unsure whether you should wait to be assessed, you may call 392-1161 for advice and/or you can contact Dr. Harrell. Please keep in mind that the main campus Student Health Clinic may give you different advice than the HSC Satellite Clinic, if this happens or the advice seems to differ from the algorithms on the bridge (which are changing as we learn more), contact the HSC Satellite Clinic when they open to confirm. (You may also contact Dr. Harrell if still unsure.)
Jacksonville

Exposed/possibly exposed to COVID but no symptoms

UFH- Jacksonville is allowing you to continue working and they are not routinely testing. If you are concerned about whether you should be tested, you can call (352) 294-5700 to arrange a telemed consultation. If a test is recommended, UFH-Jax will do that and Dr. Genuardi can help you.

**Symptoms** that *could* be COVID related even if mild (e.g. headache, sore throat, fever, cough, congestion, diarrhea, change in taste/smell, myalgia). Headache, sore throat are commonly noted; fever is only seen in 1/3 at presentation.

Return to Gainesville for self-quarantine and follow Gainesville procedures.

If you live in Jacksonville, self-quarantine at home and arrange to be seen as a patient at either Dunn Ave (904-633-0700), Goodbys Creek (904-633-0430) or Wildlight Urgent Care. Call the clinic line to make an appointment, or walk-in at Wildlight. You will need to be registered as a patient and provide your health insurance information.