

Medical Student-Specific COVID-19 Guidance

We are adhering to the UF policies. <https://bridge.ufhealth.org/response/clinical-guidance-for-patient-care/>

All clinical personnel including medical and PA students should call the health care worker (HCW) hotline at 352-265-5550 (7 a.m. – 7 p.m.) if you are symptomatic or have an exposure to someone who is COVID positive. They can provide advice and order testing as required. After hours, for any **urgent** questions you may call the Command Center at 352-265-9000 (24/7).

However, since you are not employees, there are a few differences in how the return to work is handled. The **Satellite Student Health Clinic** is the best advice resource for you **294-5700**.

Currently, insurers are waiving co-pays and other costs related to testing. But this could change so try to stay aware of how your health insurer is handling COVID-related care.

Gainesville

Exposed/possibly exposed to COVID but no symptoms

- Call health care worker (HCW) hotline at **352-265-5550** (7 a.m. – 7 p.m., all days). They will order testing (if you are deemed elevated risk). NOTE: Wearing a face mask and eye protection will keep you low risk at work and in the community.
- The HCW hotline worker will pass along your information to Dr. Trainer. Student Health Satellite Clinic (352-294-5700), located in the UF Health dental tower 2nd floor (D2-49), will schedule a telemed visit and adjust testing if needed. Their hours are M-F 8 a.m.-12 p.m., 1 p.m. - 4:30 p.m.
- Testing and quarantine will depend on whether exposure is in a household - Algorithm C or outside the household (at work/community) – Algorithm A.

At work or in the community: [Algorithm A: COVID Exposure Risk Assessment and Testing Indications](#)

- You will be tested on day 5 and day 9 *if elevated risk*. You may continue to work (if you can attend classes online that is preferable) with a mask on at **ALL** times until cleared after day 9 testing. When you participate in activities where you cannot wear a mask – while eating – you should separate yourself from a group setting (team room, cafeteria). If low risk, you will self-monitor for symptoms for 14 days and continue to attend classes, work.

Exposure in the household: [Algorithm C: HCW Exposure to COVID-19 Positive Household Member or Intimate Partner Return-to-work \(RTW\)](#)

- You will be tested as soon as possible (same day/next day). You should quarantine and not work/attend in-person classes until the test results are back, which takes about 24 hours.

Test negative- You still need to be cleared to return to work and Dr. Trainer or one of his colleagues will contact you with the next steps. You also will be retested at days 7 and 14.

Test positive-[Algorithm B: COVID Positive Health Care Worker Return-to-Work](#)

Quarantine is 10 days minimum. You will need to be retested and Dr. Trainer or one of his colleagues will contact you. Expect a call from Infection Control for hospital contacts (if working in the hospital) and your county health department for community contact tracing.

Become symptomatic- Managed per algorithm below

Have symptoms consistent with COVID

Symptoms could be COVID related even if mild (e.g. headache, sore throat, fever, cough, congestion, diarrhea, nausea, change in taste/smell, myalgia). Headache, sore throat are commonly noted; fever is only seen in 1/3 at presentation.

First, call health care worker (HCW) hotline at **352-265-5550** (7 a.m. – 7 p.m., all days) to have test ordered. They will direct you to either Springhill clinic (drive through) or ADTU (in Shands atrium 1st floor) based on timings and your location. Leave work/ class ASAP and self-quarantine at home.

Test negative- You still need to be cleared to return to work and Dr. Trainer or one of his colleagues will contact you with the next steps.

Test positive- [Algorithm B: COVID Positive Health Care Worker Return-to-Work](#) Quarantine is 10 days minimum. The earliest you can be retested for COVID is after 9 days quarantine and at least 3 days of being afebrile (with no antipyretics) and improvement in respiratory symptoms. You will need to test negative or if you test positive have your case reviewed by an epidemiologist to determine whether you are deemed non-infectious. Expect to be out 2+ weeks, with the understanding that you could return earlier. Expect a call from Infection Control for hospital contacts (if working in the hospital) and your county health department for community contact tracing.

After hours: For any *urgent* questions, you may call the Command Center at 352-265-9000 (24/7). Please keep in mind that the main campus Student Health Clinic may give you different advice than the Student Health Satellite Clinic. If this happens or the advice seems to differ from the algorithms on the bridge, contact the Student Health Satellite Clinic (294-5700) when they open to confirm. (You may also contact Dr. Harrell if still unsure.)

Jacksonville

Exposed/possibly exposed to COVID but no symptoms

UFH- Jacksonville is allowing you to continue working and they are not routinely testing. If you are concerned about whether you should be tested, you can call **(352) 294-5700** to arrange a telemed consultation. If a test is recommended, UFH-Jax will do that and Dr. Genuardi can help you.

Symptoms that could be COVID related even if mild (e.g. headache, sore throat, fever, cough, congestion, diarrhea, change in taste/smell, myalgia). Headache, sore throat are commonly noted; fever is only seen in 1/3 at presentation.

Return to Gainesville for self-quarantine and follow Gainesville procedures.

If you live in Jacksonville, self-quarantine at home and arrange to be seen as a patient at either Dunn Ave (904-633-0700), Goodbys Creek (904-633-0430) or Wildlight Urgent Care. Call the clinic line to

make an appointment, or walk-in at Wildlight. You will need to be registered as a patient and provide your health insurance information.